



"SUMS has been a crucial partner in staff development for the professional staff in the Oxford Humanities Division. Its tailored service has been highly effective..."

- Lynne Hirsch, Divisional Registrar and Head of Administration, Humanities Division
University of Oxford

Is your university fit for the future?

Professional Development Expertise

Support and develop *individuals* and *teams* to *release their potential, continuously improve, and achieve targets*. We can help both professional services and academic staff.

SUMS
Consulting

Overview



We support and develop individuals and teams to realise their potential, continuously improve, and achieve targets in a safe and confidential space to allow them to think, plan and develop their ideas.

We can help both professional services and academic staff. We also help strengthen your teams by providing tailored leadership development, coaching, and mentoring support.

We will enable your people to:

- Build self-awareness and personal effectiveness
- Be equipped and empowered to lead through ambiguity and change
- Create the space and time to think and explore ways to amplify the impact of their work
- Anticipate the demands of their external stakeholders, funders and partners
- Improve individual and team performance.

Contact us for support today!
e: sums@reading.ac.uk
t: 0118 378 4308
w: www.sums.org.uk

Coaching



Coaching can improve productivity and performance and delivers a tangible return on investment. It also provides a targeted form of personal and professional development. Coaching is a process that focuses on the here and now rather than the past or future. The coach serves as a facilitator of learning; helping individuals to improve their own performance and helping the individual to unlock their own potential.

Our coaching offer includes Executive Coaching, Individual 1:1 Coaching and Team Coaching.

Mentoring



Mentoring enables you to test your thinking, identify solutions and 'road test' ideas against someone else's insights and experience as you develop your strategies and approach. We will assign you a mentor with considerable experience and expertise in a specific area of business and focuses on broadening your horizons and looking to the future.

Our mentoring offer includes Individual 1:1 Mentoring, Team Mentoring and Action Learning set Facilitation.

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